UHK- 75612

Hardware List

01



A.Bolt M8x15mm
x 4



B.Flat Washer M8
x 4



C.Nut M8
x 4



D. Wrench 4
x 1



E. Wrench 5
x 1



F. Bolt M6x30mm
x 4



G. Bolt M6x45mm
x 4



H. Flat Washer M6
x 12

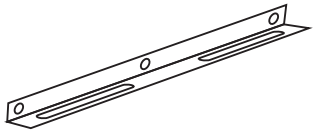


I. Nut M6
x 8

Part List



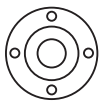
J. U-shaped Tube
x 2



K. Triangle Steel Frame
x 2



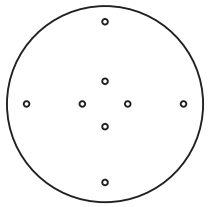
L. Speed Bag
x 1



M. Connector
x 1



N. Ball Hook
x 1



O. Round Plate
x 1

UFC SPEED BAG WALL MOUNT SET

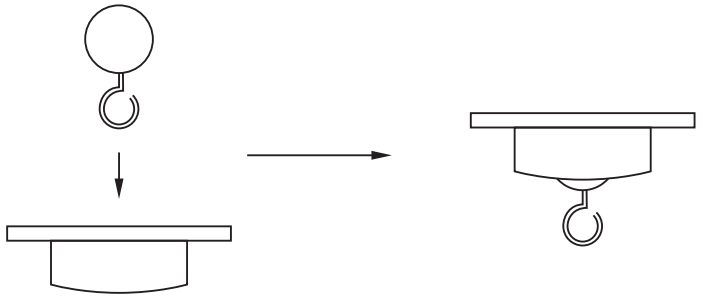
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Assembly Instructions

02

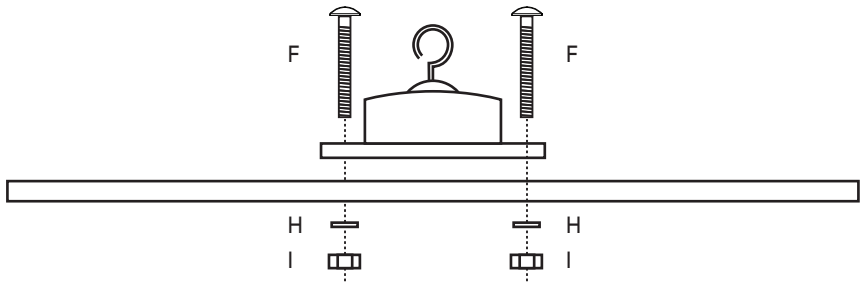
Step 1

Place part N into the hole of the part M.



Step 2

Place part M on the surface of part O and connect them together with hardware F, H, I.

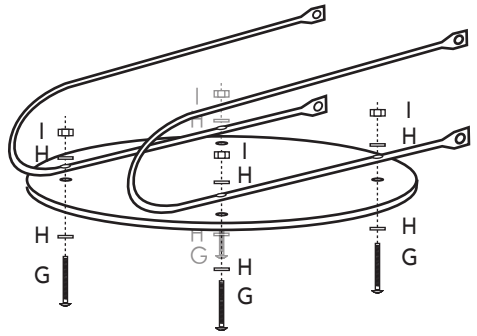


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Assembly Instructions

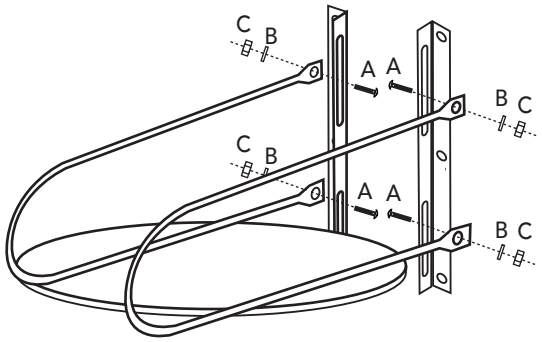
Step 3

Place part J on the part O and connect them together with hardware G, H, I.



Step 4

Connect part J to part K with Bolt A and connect them together with hardware A, B, C.



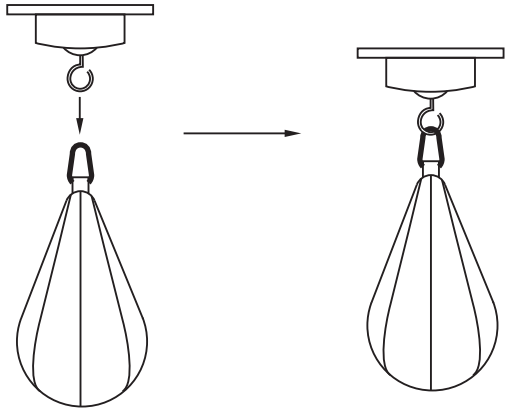
UFC SPEED BAG WALL MOUNT SET

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Assembly Instructions

Step 5

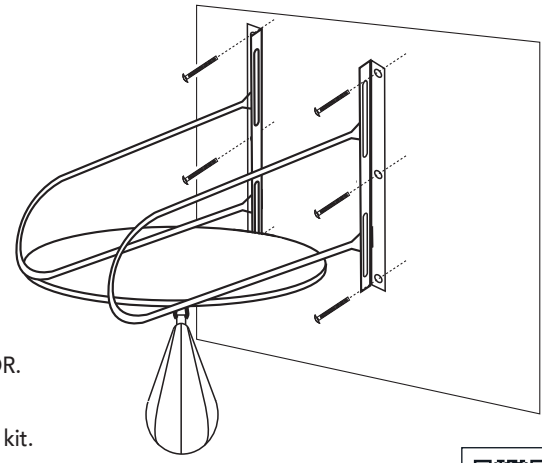
Place part L on the hook of part N.



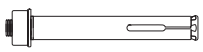
Step 6

Mount on the wall.

WARNING:
PLEASE MAKE SURE THIS PRODUCT IS PLACED IN A SUITABLE LOCATION. ENSURE WALL IS LOAD BEARING AND CAN CARRY THE SUFFICIENT WEIGHT. PERIODICALLY CHECK THAT ALL FASTENED SCREWS ARE TIGHTENED. ALWAYS ENSURE THAT THE PRODUCT IS SECURELY ATTACHED. DO NOT DRILL INTO WATER PIPES OR ELECTRICAL CABLES. USE A PIPE OR CABLE DETECTOR.



Note: UFC wall mount kit is included.
You may use the compatible wall mounted kit.



Expansion bolts x 6



wrench x1

ufctrain.com

More information? Check “ufctrain.com”

IMPORTER
EU Dyaco Europe GmbH | Friedrich-Ebert-Straße 75 | 51429 Bergisch Gladbach GERMANY
USA SPIRIT Manufacturing Inc. | PO Box 2037, Jonesboro, AR 72402 USA
CANADA Dyaco Canada | 5955 Don Murie Street, Niagara Falls, On L2G 0A9 CANADA

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